

action
mental
health

Thank you for coming to our

**Great
BIG
Purple
Picnic**

One in eight
children in Northern
Ireland will show signs
of mental ill health.

**This matters
to us.**

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Instructions:

Print out the coaster and placemat shapes and stick to some card or cardboard to give it some structure. Decorate with stickers, glitter or whatever else you have handy!



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